

# Easy Vegetarian Cooking: 75 Delicious Vegetarian Soup & Stew Recipes (Vegetarian Cookbook Book 4)



(vegetarian soup, vegetarian soup recipes, vegetarian cookbooks, vegetarian recipes, vegetarian baking, vegetarian desserts, vegetarian cooking, vegetarian diet, vegetarian, soups and stews) Soups and Stews: In this 4th edition of The Veggie Goddess vegetarian cookbook series, its all about delicious garden meals in a bowl. Soups and stews are timeless, and can serve either as a menu starter, or as the main course. As with all the vegetarian books in The Veggie Goddess cookbook collection, these soup and stew recipes are simple and easy for anyone to follow, whether youre a beginner cook or a kitchen alchemist. Soups and stews also offer a great use for leftover veggies, beans and rice, and all these easy vegetarian recipes use ingredients that are readily available at any farmers market, natural foods store or your local grocer. Budget-friendly, time-friendly and ease of use, makes this soup and stews recipe cookbook a perfect addition to your vegetarian cookbook collection. From hearty and classic, to exotic or light, youre sure to find just the right vegetarian soup and stew recipe for every meal occasion. Heres what youll find inside Easy Vegetarian Cooking: 75 Delicious Vegetarian Soup & Stew Recipes

Chapter 1: Vegetarian Cream Soups

Chapter 2: Vegetarian Bean-Based Soups

Chapter 3: Vegetarian Hearty and Savory Soups

Chapter 4: Vegetarian Stews and Chowders

Chapter 5: Vegetarian Light and Figure-Friendly Soups

Chapter 6: Vegetarian Flavors From Around the World

Soups (Be sure to check out the full line of The Veggie Goddess vegetarian and vegan cookbooks available on Amazon Kindle. You can also follow The Veggie Goddess @

<http://www.facebook.com/theveggiegoddess> and <http://www.theveggiegoddess.com>)

(vegetarian cookbooks, vegetarian recipes, vegetarian baking, vegetarian desserts, vegetarian cooking, vegetarian diet,

vegetarian)

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